

What is the Difference??

We understand navigating the medical world can often be confusing. Here at Rocky Mountain Family Physicians we want our patients to be informed and we are here to help if you have any questions along the way! Thank you for choosing Rocky Mountain Family Physicians.

Preventative Exam (Physicals and Well Child Checks)

A preventative exam is a **yearly, prevention-focused appointment**. The purpose of this appointment is to help prevent illness and detect health concerns early. During this appointment you should expect:

- ✓ A Complete Physical Exam (i.e. heart, lungs, skin check, etc.)
- ✓ Age Appropriate Pap Smear/ Prostate Exam
- ✓ Select Immunizations (Coverage depends on your specific insurance)
- ✓ Ordering Screening Labs (Coverage depends on your specific insurance)
- ✓ Colorectal Cancer Screenings
- ✓ Age Appropriate Counseling

**What is NOT included in a Preventative Exam and will create an additional Office Visit Charge:

- Addressing Current or New Concerns
- Management of Chronic Conditions (i.e. diabetes, anxiety, depression, ADHD, hypertension, hyperlipidemia, etc)
- Procedures or Injections
- Identification of New Problems by the Provider that requires additional evaluation and management
- Medication Management that requires periodic appointments

Annual Wellness Visit (Medicare Patients Only)

Regular Medicare does NOT cover the typical physical. Instead Medicare provides for and covers an Annual Wellness visit for their members which is **essentially only a questionnaire – a conversation between the patient and provider**. This type of visit includes the following:

- ✓ Member's Medical and Family History
- ✓ Review of member's potential risk factors for depression
- ✓ Review of member's functional ability and level of safety
- ✓ Review of medication list
- ✓ Detection of any cognitive impairment
- ✓ Established or updated screening schedule
- ✓ Established or updated list of member's risk factors
- ✓ Personalized health advice and appropriate referrals to health education or *preventative* services.

**Please note this does NOT include the annual physical and can incur an additional office visit charge depending on what is discussed in the appointment.

Office Visit

An office visit is **problem-focused appointment** used to address *new* or *existing* health problems or symptoms. In this appointment, your provider may order tests, prescribe medication, refer you to a specialist, or provide advice and education.

Patient Name: _____ **Patient DOB:** _____

Patient/Guardian Signature: _____ **Date:** _____