



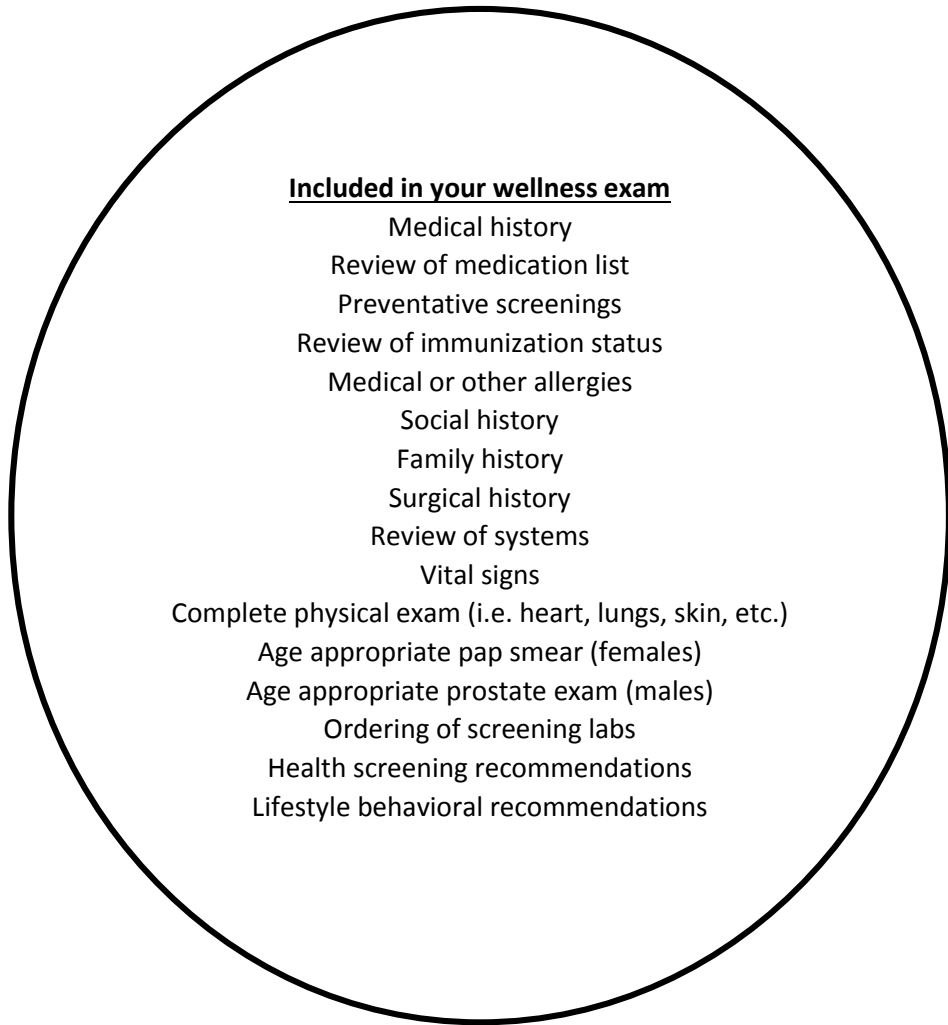
*Rocky Mountain  
Family Physicians, P.C.*

1124 E. Elizabeth, Building C, Fort Collins, CO 80524 Phone: 970-484-0798 Fax: 970-482-0679

Thank you for scheduling your Wellness Exam at Rocky Mountain Family Physicians. A Wellness Exam is a great way to be proactive in taking control of your health, useful in the early detection of unsuspected illness or disease, and building a relationship with your primary care provider.

We know that navigating the healthcare insurance system can be challenging. Determining what is included in your Wellness Exam for billing purposes is one of those challenges. The below illustration demonstrates what is considered a part of your Wellness Exam and what may constitute an additional charge in conjunction with your Wellness Exam (which may require a copay or be applied to your deductible).

These lists are not all-inclusive, and we recommend always contacting your insurance company to determine your coverage and benefits. Please complete the signature and acknowledgment section at the bottom of this page.



**Included in your wellness exam**

- Medical history
- Review of medication list
- Preventative screenings
- Review of immunization status
- Medical or other allergies
- Social history
- Family history
- Surgical history
- Review of systems
- Vital signs
- Complete physical exam (i.e. heart, lungs, skin, etc.)
- Age appropriate pap smear (females)
- Age appropriate prostate exam (males)
- Ordering of screening labs
- Health screening recommendations
- Lifestyle behavioral recommendations

**NOT included in your wellness exam**

- New complaints or problems
- Ongoing medication renewals
- Management of chronic health issues (i.e. diabetes)
- Procedures/injections
- Immunizations
- Non screening tests (i.e. A1C, glucose, spirometry)
- Addressing worrisome or bothersome symptoms
- Identification of new problems by the provider for future workup

Printed name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_